

A Good Offense Is Still The Best Defense!

Our Opponent: **STAPH**

Here's the game plan to Sack **STAPH**!

OFFENSE:

- Do WASH YOUR HANDS thoroughly with soap and water!!!
- Do wash your clothes and towels daily!
- Do use a clean, dry, towel!
- Do keep cuts and scrapes, no matter how small, clean and covered!
- Do WASH YOUR HANDS! This is the best way to prevent the spread of **STAPH** and other infectious diseases!
- Do tell your coach, athletic trainer, or school nurse if you have an insect bite, spider bite, boil, or sore bump.

DEFENSE:

- Don't share towels!
- Don't share soap! Bring your own and keep it in your locker.
- Don't come in contact with other people's wounds and bandages!
- Don't place your hands and fingers near your nose and groin!

Don't let **STAPH** take you out of the game . . .

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